



731 South Averill Avenue
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I WANT TO BE A SAN PEDRO MEALS ON WHEELS VOLUNTEER!

PLEASE PRINT CLEARLY

First and Last Name _____

Mailing Address _____

Mobile Phone number _____ Does your Mobile Phone number receive texts? yes no

Email address _____ My age is over 14/under 40 My age is over 40/under 100

I am available on the following mornings: MON TUES WED THUR FRI SAT SUN

Kitchen volunteers usually work from 8 – 11 am. A Food Handler Certificate is required - small fee and a 30 minute computer test taken. Volunteer drivers need to have a vehicle, a valid driver's license and auto insurance. Volunteer "runner's" deliver meals to the door and may be required to climb stairs. Drivers and runners usually work from 10:30 am – 12:30 pm. We occasionally need help in the office or with other organizational projects.

I want to work in the kitchen:

I want to be a driver:

I want to be a runner:

I want to help in the office:

I want to help with projects:

How did you hear about SPMOW? _____

Why do you want to volunteer for SPMOW? _____

Have you been convicted of a felony? : yes Have you been convicted of a misdemeanor? : yes

If you answered "yes" to either, list dates, locations and circumstances. Use the back if necessary:

I have read the Delivery Policy, the Liability Waiver and the information on this application. I fully understand it and by signing here, I intend to agree and abide by it.

Signature

Print Name

Delivery Policy

Food must be handed directly to a client or an authorized individual acting on behalf of a client, such as a caregiver. The only option is for the food to be left in an insulated plastic or Styrofoam container with a tight fitting lid. No other containers is permitted. The food may only be left in a container if the client or authorized individual acting on behalf of the client, has given SPMOW written permission. With the exception of leaving food in the container, food may not be left unattended.

Liability Waiver

I will be volunteering for San Pedro Meals on Wheels on and off the premises. I waive all liability and release San Pedro Meals on Wheels, its affiliates, owners, vendors, operators, agents and employees from any and all actions, suits, claims, controversies, damages, judgements and executions whatsoever, in law or in equity, direct or indirect, known or unknown, foreseeable or unforeseeable, which arise or may hereafter arise from, concerning or related to volunteer activities with San Pedro Meals on Wheels, including negligence or carelessness on the part of such persons or agencies. This release shall extend to and include any person or entity acting through or on my behalf. I understand and accept that San Pedro Meals on Wheels does not carry or maintain automotive, health, medical, disability or any other insurance or benefits for any volunteer. I agree that this Liability Waiver is intended to be as broad and inclusive as is permitted by the law of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

Operational Agreements

Depending on how I am volunteering, I agree to:

arrive on time and to sign in and out

exercise care and caution regarding my personal safety, to follow SPMOW policies, to abide by all applicable laws and regulations, to ask for help and to ask questions rather than assume

follow the Chef's directions, follow Food Handler Certificate guidelines and to not perform any activities in the kitchen unless given authorization directly from the Chef

provide proof of automobile insurance, a copy of my current, valid driver's license and updates or changes to both as they occur. I understand that I am donating the use of my vehicle and the gasoline to run it

provide certification that I have the physical health needed to provide the volunteer work I am offering

locate the addresses I will be delivering to, ensure the number of meals packed is the number of meals I need to deliver, report any delivery discrepancies to the SPMOW Office Manager and give written or verbal communicates to the SPMOW Office Manager from the clients I deliver to

I understand how important confidentiality is and I agree to protect the dignity, to be courteous and respectful to everyone I come into contact while volunteering for SPMOW